

Wigan Borough Community Cycling Club Minutes
Monday 9th May 1pm Gearing Up Wigan

Present: Jim Taylor, Phil Brown, Thelma Willmer, Pete Hudson, Mark Holland, Roy Unsworth, Eric Dailey, Anthony Geere, Elaine Ansell, Joyce Southern, Ray Southern, Rita Keeling, Paula James, Clive Chatterton, Geoff Eubank, Steve Brittle, Jim Heyes, Paul Boffey, John Bower, Alan Park, Margaret Green, Tracy Mercer, Ian Hughes, Len Winnard, Brent Holland and Rick Smith.

1 Apologies: Carole Johnson, Alan Clarke, Joy Lummis, Doreen Pukitis, Fran Gough, Gary Peters, Christine Crooks, John Sills, Sue Bradley, Phil Bradley, Brian Lancaster, Chris Longden, and Denis Marsden.

2 Actions from last meeting

- All minutes from previous meeting were agreed upon.
- Mug shots on website still to be completed.

3 Appointment of Secretary

Thelma Willmer appointed as Secretary – email address thelmawbcc@btinternet.com

4 Finance Update

Phil Brown fed back the latest financial results for the club.

Balance at end of Quarter 1	£253.09
Income:	
12 new members	= £120
TfGM – 2 x Women on Wheels rides	= <u>£250</u>
Total	= £370
Expenditure:	
Catering and support Women on Wheels rides	= £125
Memory Card Garmin Virb Camera	= <u>£23.85</u>
Total	= £148.85
Balance at end of Quarter 2 – 3	
(£253.09 + £370.00 - £148.85)	= £474.24

5 Charity Bike Ride

Peter Baker from Interserve gave details about a sponsored Charity Bike Ride on 3rd -4th September 2016 for The Christie Charitable Fund. The ride starts in Southport and ends in the Cheshire village of Grappenhall. Entrance is £15 plus sponsorship – forms to be circulated later. Bikes will be transported by Interserve from Wigan to start of the ride.

The day will start at 8.30 with tea and bacon butties, cyclists will then get coach to Southport. The ride is about 40+ miles. People are welcome to stay over at the Grappenhall campsite overnight, where there are showers and toilets. There will be a

BBQ, entertainment including Karaoke and for those that fancy it a stroll to 2 nearby village pubs. It will be your own responsibility to get your bikes home.

More details will be emailed as they become available – Denis Marsden has completed this ride several times so will be a good source of information.

An encouraging show of interest by the members present.

6 Inspiring Healthy Lifestyles

Richard Smith and Brent Holland gave information on future events run by Inspiring Healthy Lifestyles.

Formula Fun Family Cycling Event/Rotary Ride for Prostate Cancer.

Held at Three Sisters Race Circuit, WN4 8DD

Monday 6th June from 3pm – 8pm.

French Wigan link to Tour de France -

Wigan is twinned with Angers where on Day 3 the Tour de France finishes. The plan is to have cycle rides from the different pods in the area finishing at the Wigan Youth Zone where participants can watch the end of the day's race with a French theme. Monday 4th July

Further details nearer the time may be found on www.getactivewiganandleigh.co.uk

Organisation

Inspiring Healthy Lifestyles has lots of volunteers – rotas for each ride will be sent out by them over the next few weeks providing details of leaders and supporting volunteers for each ride. They will be simplifying their membership charges for those using their bikes with summer and winter membership lasting 6 months each. From June, it should be possible to book online for rides.

7 WBCCC Rides

7.1 Terrain, distance, pace

The consensus was that things are going well with the rides. Good variation. We will continue to be mindful of newer members giving them time to catch up with experienced members supporting and encouraging them.

7.2 Ride Numbers

Maximum number so far has been 28. With the weather improving, the numbers could increase. Will continue as one group and see what develops over the summer.

7.3 Ride Leaders and back markers

With the rides becoming more popular, it was agreed that each ride should have a back marker and, depending on numbers, a midpoint marker. These would be different weekly with hopefully people volunteering to share the tasks. It was agreed that the club would purchase 6 Walkie Talkies to help with larger groups and rides.

Action: It was agreed that the club would fund the purchase of 6 walkie-talkies and Mark Holland would organise this. Peter Hudson, Clive Chatterton and Jim Heyes will hold 2 each and keep them fully charged for rides.

7.4 TfGM - Ride Leader Training.

The issue of road riding, ride leading (on-road) and the need for training in these areas was discussed. TfGM offer free training in many of these areas. A number of members (12) indicated a willingness to attend any such training.

Action: It was agreed that Thelma would will contact TfGM them to see if they can run a course for leading rides on roads and maybe including towpaths and cycle paths.

7.5 Risk Assessment

On rides, there will always be risks and different spots which are hazardous. Important that everyone needs to understand safety issues and has a self- responsibility to keep safe and keep others safe. The leader will identify the risks - this is usually verbally at the start of the ride so important people listen. Mark Holland showed a written detailed Risk Assessment for a future ride.

First Aid helpers on rides are Jim Taylor, John Bower, Elaine Ansell, Margaret Green, Roy Unsworth, Mark Holland, Joyce Southern, Paul Boffey and Phil Brown. Inspiring Healthy Lifestyles could organise other first aid training once the person had completed the ride leader training.

7.6 Video Camera and Editing

It was decided not to buy a rear mount for camera at the moment. It was highlighted that video editing takes a lot of time and the task needs to be shared.

Action: John Bower and Brian Lancaster offered to help Phil Brown with the editing.

7.7 Ride Reports and Website

Paul Boffey also mentioned the time taken putting photo and ride details on the website and asked for volunteers to share this task.

Action: Jim Taylor and John Bower both agreed to assist Paul in this task.

Phil Brown and Jim Taylor usually write the ride reports for each ride. Again it was requested if anybody would help.

Action: Margaret Green and Elaine Ansell offered to assist.

7.8 Phone Contacts

Any change in your details, phone, email or address please contact Thelma Willmer on 07891 446972 or email thelmawbcc@btinternet.com.

8 WBCCC Membership

We have 63 members with probably about 40 active members who ride regularly. It was decided to keep membership open.

Action: Thelma Willmer will email members checking if they wish to remain members or not.

9 Garmin Edge Touring model and utilisation of Garmin devices

It was decided that, as many members of the group have a Garmin, one is not needed at the moment for the group. Will be useful if leaders with Garmin devices could record the course and share rides so others on the ride can follow the route.

Action: Mark Holland volunteered to set up and run a WBCCC Garmin Group.

10 Ride calendar August onwards.

Suggestions from various members

- Ride the lights, Blackpool with pre-ride in afternoon - 30th August
- Hest Bank, Lancaster, Morecambe – old rail track mainly – 27 miles – Gary Peters
- Hill Challenge from Trencherfield Mill – 29 miles – 1800ft ascent – Len Winnard
- Parbold, Mere Brow, Southport, Formby, Parbold – 42 miles – 99% tarmac – 40% car free – hill at start – few towards end – mainly flat – Steve Brittle
- Ribchester - 30 miles – Geoff Eubank
- Whitton Park – 40 miles – Geoff Eubank
- Warrington area route to be plotted - Phil Brown

Action: Thelma to send out an email prior to the next meeting asking members to say which are their favourite rides and which they would like to do again – Preston Guild, Brief Encounters mentioned today.

11 Any other business

Free women's bike workshop – 10th May and 26th June – Margaret Green
Book your place at halfords.com/womensbikeworkshop

Mental Health Awareness Week – May 16th – May 22nd Thelma Willmer
Pledge your miles cycled this week – cycle4mh@btinternet.com
As group – WBCCC- date – number of riders – miles ridden
Other miles – name – date – miles

12 Next Meeting

Date to be arranged. We are looking at arranging the meeting to follow our Tuesday ride. Phil Brown to check availability of Clifton Street Community Centre, Worsley Mesnes.